



COLORADO FAMILY SUPPORT ASSESSMENT 2.0

The Colorado Family Support Assessment 2.0 is an evidence based tool used by Family Resource centers and other strengthening family programs to assess family strengths and needs, monitor progress towards family self-reliance, and track the protective factors that reduce the likelihood of child abuse and neglect.

THE CFSA2.0 COMPRISES THREE SECTIONS:

CFSA2.0 ASSESSMENT DOMAINES

This section consists of 14 domains, which assess family stability and self-reliance, including income, housing, food security, transportation, health coverage, etc.

PROTECTIVE FACTORS SURVEY

Assess five key factors that protect against child abuse and neglect:

1. Parental Resilience
2. Social Connections
3. Concrete Support in Times of Need
4. Knowledge of Parenting and Child Development
5. Social and Emotional Competence of Children

(Developed by the FRIENDS National Center)

READINESS FOR CHANGE

Families identify up to three areas where they would like to make a change. Families reveal how ready they are to make those changes.

HOW

Participant-led Discussion Workers trained in Motivational Interviewing have a conversation-like interaction with the family on identifying the changes they wish to make.

Strengths-Based By focusing on the strengths of the family, workers are able to build rapport and trust which leads to better outcomes.

Progress Tracked Over Time Workers meet and use the tool with families at regular intervals, tracking the progress made over time.

WHY

Streamlined and Accurate Reliability and validity studies showcase the tools' sound statistical accuracy. The tool is currently on the California Clearinghouse for Evidence-based Practices.

Families See Results Yearly evaluation studies show statistically significant gains in economic self-sufficiency and health outcomes, as well as areas in family functioning/resiliency, social and emotional support, and concrete support in times of need.

QUESTIONS? NEED INFORMATION?

303-388-1001 OR INFO@COFAMILYCENTERS.ORG