



655 Aspen Ridge Dr, Lafayette, CO 80026 | 303-665-4342 | www.sistercarmen.org

Sister Carmen Community Center

Our community-based programming helps to strengthen and enrich the lives of the families we serve, in-turn making our community a desirable place to live, work and ultimately thrive.

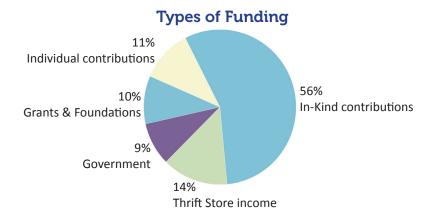
1978
Established

East Boulder County 35 Staff

We provide assistance to residents of East Boulder County who are in need, without discrimination.

\$1,889,870 2017-2018 Budget * does not include in-kind 2,650 families served annually

501(c)3 Org structure



Key Programs

Child & Parent Services
Individual & Family Advocacy
Nutrition & Healthy Living
Host Site for Family Leadership Training Institute

There is a pressing need in our community as the number of families – and especially the number of children – in poverty continues to increase. Families in crisis require multiple layers of support, which is why SCCC offers a holistic model of service across three areas: Individual & Family Advocacy, Child & Parent Services, and Nutrition & Healthy Living. We served 10,673 individuals across all programs in 2017, which is an increase of over 1,500 participants from the previous year. Our comprehensive approach prevents homelessness, reduces food insecurity, increases access to health care, encourages self-reliance, and strengthens families.

Utilizing a strength-based approach, our Advocacy program leverages participants' own strengths to develop long term solutions as they transition out of crisis. In 2017, SCCC provided 199 families with rent or mortgage assistance and provided over 100 families with payments on their utility bills – a low-cost act that helps prevent homelessness.

Our Child & Parent Services program empowers parents with skills and resources they need to provide a healthy and loving environment for their children. In 2017, SCCC empowered 72 parents with new information on parenting and alternatives for discipline through the Nurturing Parenting classes, which are proven to help reduce child abuse and neglect. Additionally, 118 children attended a concurrent class to develop the emotional tools and skills to build stronger relationships within their families. Another critical aspect of regaining stability is access to nutritious food, medical care, and health counseling. Last year, SCCC supplied 1,203,770 lbs of food to over 2,000 families. SCCC also partners with other agencies to provide counseling services and health screenings.



SCCC was awarded the \$250,000 BUILD Health Challenge two year grant in collaboration with Centura Health, Boulder County Public Health, Clinica Family Health Services and ELPASO. This award will support efforts of the Raising of America Partnership in the areas of family-friendly policy and family engagement and leadership within the City of Lafayette.

The Center is excited to announce the graduation of 19 participants from the Family Leadership Training Institute, which is a 20 week civics program. Participants receive 120 hours of evidence-based curriculum that includes personal and child development, leadership training, civic literacy and civic participation skills needed to become effective leaders in their communities. We have secured funding from the Colorado Health Foundation to offer FLTI in 2017 – 2018 and are looking to secure additional funding to offer a youth component as well as future adult cohorts.

SCCC is now a regional training center for the Family Development Credential, Motivational Interviewing, Colorado Family Support Assessment, and other key trainings for workers in the human services field, especially those working in Family Resource Centers.



Cynthia is a single mom with four children. After the breakup of her marriage, two of her children became very ill. With the additional time and expense required for their care, she fell behind on her mortgage and eventually became homeless. To make matters worse, Cynthia began struggling with medical issues of her own. While she was living in a hotel and recovering from surgery, the hotel manager brought Cynthia to SCCC to get some food. SCCC was able to pay Cynthia's weekly hotel costs and supported Cynthia's family with clothing and services that helped them transition out of homelessness and get back on their feet.

"As a family, we are better able to face whatever comes our way."



How You Can Help

Volunteer
Food Donation or Food Drive
Donate to our Thrift Store
Make a donation of cash, stock or securities
Become a Corporate Partner
Donate your Car

