Family Resource Centers

- Provide a safe, accessible place for families to connect with comprehensive, coordinated services that help them become more resilient and self-reliant
- Build relationships with families that are rooted in dignity and respect
- Provide programs and services that are tailored to the culture, resources and needs of the community they serve and focus on building on the strengths of each family served
- Provide families with services and referrals that strengthen the family's ability to achieve its goals
- Work with each family to strengthen its connections to social services and supportive relationships in the local community

Family Resource Centers provide many services:

- Family Strengthening and Goal-Setting
  - Parent Education and Home Visitation Programs
- Early Childhood Programs (school readiness, before/after school, screenings)
- Basic Needs: food, clothing, utility, housing assistance, food pantry
- Employment: life skills, job readiness, GED/ESL classes, computer skills
- Healthy Living Programs (youth and adult nutrition & exercise)
- Health Coverage Assistance and Enrollment
- Child Abuse Prevention Programs

Common Terms

Family Support

Family support is based on the premise that the primary responsibility for healthy development and well-being of children lies within the family and is designed to prevent family problems by strengthening parent/child relationships and supporting parents in becoming good nurturers and providers. Services include a broad spectrum of activities to strengthen families, including health, financial, social, educational, etc.

Five Protective Factors

- Parental Resilience - Social Connections - Concrete Support in Times of Need
- Knowledge of Parenting and Child Development - Social and Emotional Competence of Children

Two-Generation

Generally refers to a Two-Generation approach to strengthening families by providing access to high-quality early childhood education and work force development and education for parents. FRCA believes that this approach is good but needs to be expanded to address all family needs. For example, it is difficult for a child to take advantage of quality educational opportunities when they are hungry every day or for parents to take advantage of work force development without transportation or appropriate language skills.

Family Support & Family Development

Family Support is a term that encompasses all work that strengthens families, regardless of the area of focus. Family Development Services are direct service to families within the realm of case management to help families achieve their goals.
Quick Facts

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Mission

We envision a Colorado in which every family is thriving and self-reliant.

To ensure that our members are strong and optimally equipped to serve Colorado families

FRCA provides capacity building, public advocacy and resource development to strengthen its statewide network of Family Resource Centers as they bring help and hope to Colorado families.

History

Headquartered in Denver, FRCA was established as a non-profit in 1998 to support a statewide network of community-based Family Resource Centers.

1998 Established

32 Member Centers

9 Staff

$4,591,164 Fiscal Year 2019 Revenue

51 CO counties served

$3,321,564 Pass-thru funding in fiscal year 2019

13,000+ families served annually by Member Centers

3,500+ families served annually with Family Development Services by Member Centers

Goals

• Increase organizational capacity and sustainability of our Member Centers through expert training & technical assistance
• Advocate at the state and county level for policy and systems change that benefit families
• Inspire peer-learning and collaboration among our members and stakeholders
• Create and support the use of valid and reliable evaluation tools for positive outcomes
• Increase program effectiveness to ensure positive family and child outcomes
• Foster strong relationships with community partners to streamline service provision, identify funding opportunities and promote best practices

Continuous Learning

We are dedicated to continuous program, service and outcomes improvement for our members and stakeholders. We are proud to share that we have started a collaboration with Frontiers of Innovation, Harvard’s Center for the Developing Child research and development platform, designed to accelerate the development and adoption of science-based innovations that achieve breakthrough impact at scale. Now in the second phase of this partnership, learnings from phase one have informed our next questions. We continue to look at new scalable strategies that can achieve significantly better outcomes for families and young children facing adversity.

FRCA is also supporting the development of Implementation Teams at member Family Resource Centers, a critical component of the Quality Implementation Framework. Baseline data from the Family Pathways Essential Requirements Checklist will inform the development of Practice-Level Implementation Plans. FRCA will also create training and coaching priorities and strategies for the coming year based on this baseline data. Supporting implementation with fidelity, using data to make decisions and standardizing improvement processes are intended impacts FRCA seeks to achieve to continuously improve family development across our state.