








## Family Resource Centers

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- provide families with services and referrals that strengthen the family's ability to achieve its goals.
- work with each family to strengthen its connections to social services and supportive relationships in the local community

## Services Frequently Provided at Family Resource Centers

Family strengthening and goal-setting

Parent education and home visitation programs

Early Childhood Programs (school readiness, before/after school, screenings)

Basic Needs: food, clothing, utility, housing assistance, food pantry

Employment: life skills, job readiness, GED/ESL classes, computer skills

Healthy Living Programs (youth and adult nutrition & exercise)

Health Coverage Assistance and Enrollment

Child Abuse Prevention Programs

Aurora Community Connection, Aurora Bright Futures, Telluride Catholic Charities of the Diocese of Pueblo, Pueblo Catholic Charities of Central Colorado, Colorado Springs Community Partnership Family Resource Center, Divide Delta County Family Resource Center, Delta Denver Indian Family Resource Center, Denver Emergency Family Assistance Association, Boulder Families Forward Resource Center, Green Valley Ranch Family & Intercultural Resource Center, Silverthorne Family Resource Center of the Roaring Fork SDIPPMFTUSJDU, Carbondale Focus Points Family Resource Center, Denver Fremont County Family Center, Canon City Hilltop Community Resources, Grand Junction Huerfano / Las Animas County FRC, Walsenburg La Familia/The Family Center, Ft. Collins -a PueOte, Alamosa La Plata Family Centers Coalition, Durango Morgan Family Center, Ft. Morgan Mountain Family Center, Granby Mountain Resource Center, Conifer Pinon Project Family Resource Centers, Cortez Prairie Family Center, Burlington Rural Communities Resource Center, Yuma Washington County Connections, Akron Sister Carmen Community Center, Lafayette Tri-County Family Care Center, Rocky Ford Valley Settlement, Carbondale West End Family Link Center, Nucla OUR Center, Longmont Center for African American Health&TUFT7BMMF0WFTUNFOUJO0MEIPPE4VDDFT &7&TUFT1BSL0BNJM0FTPVSDF0OUFS4UFSMJOH

## Common Terms

### Family Support

Family support is based on the premise that the primary responsibility for healthy development and well-being of children lies within the family and is designed to prevent family problems by strengthening parent/child relationships and supporting parents in becoming good nurturers and providers. Services include a broad spectrum of activities to strengthen families, including health, financial, social, educational, etc.

### Five Protective Factors

Parental Resilience - Social Connections - Concrete Support in Times of Need  
Knowledge of Parenting and Child Development - Social and Emotional Competence of Children.

### Two-Generation

Generally refers to a Two-Generation approach to strengthening families by providing access to high quality early childhood education and work force development and education for parents. FRCA believes that this approach is good but needs to be expanded to address all family needs. For example, it is difficult for a child to take advantage of quality educational opportunities when they are hungry everyday or for parents to take advantage of work force development without transportation or appropriate language skills.

### Family Support vs Family Development

Family Support is a term that encompasses all work that strengthens families, regardless of the area of focus. Family Development Services are direct service to families within the realm of case management to help families achieve their goals.



# Quick Facts

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## Vision

We envision a Colorado in which every family is thriving and self-reliant.

## Mission

*To ensure that our members are strong and optimally equipped to serve Colorado families.*

FRCA provides capacity building, public advocacy and resource development to strengthen its statewide network of Family Resource Centers as they bring help and hope to Colorado families.

## History

Headquartered in Denver, FRCA was established as a non-profit in 1998 to support a statewide network of community-based Family Resource Centers.

1998  
Established

32  
Members  
Centers

9  
Staff

\$4,902,826  
Fiscal Year 2018/19  
Budget

51  
CO counties  
served

\$  
Pass-thru funding  
in fiscal year 2019

13,000+  
families served annually  
by Member Centers

3,500+  
families served annually with  
Family Development services  
by Member Centers

## Goals

- Increase organizational capacity and sustainability of our member centers through expert training & technical assistance
- Advocate at the state and county level for policy and system change that benefits families
- Inspire peer-learning and collaboration among our members and stakeholders
- Create and support the use of valid and reliable evaluation tools for positive outcomes
- Increase program effectiveness to ensure positive family and child outcomes
- Strong relationships with community partners to streamline service provision, identify funding opportunities and promote best practices

## Continuous Learning

We are dedicated to continuous program, service and outcomes improvement for our members and stakeholders. We are proud to share that we have started a collaboration with Frontiers of Innovation, Harvard's Center for the Developing Child research and development platform, designed to accelerate the development and adoption of science-based innovations that achieve breakthrough impact at scale. Now in the second phase of this partnership, learnings from phase one have informed out next questions. We continue to look at new scalable strategies that can achieve significantly better outcomes for families and young children facing adversity.

FRCA is also supporting the development of Implementation Teams at member Family Resource Centers, a critical component of the Quality Implementation Framework. Baseline data from the Family Pathways Essential Requirements Checklist will inform the development of Practice-Level Implementation Plans. FRCA will also create training and coaching priorities and strategies for the coming year based on this baseline data. Supporting implementation with fidelity, using data to make decisions, and standardizing improvement processes are intended impacts FRCA seeks to support and improve family development across our state.