



When the Family Resource Center Association (FRCA) adopted the Standards of Quality for Family Strengthening and Support, one of the standards FRCA strives to practice at high quality is Evaluation. FRCA continuously looks at areas of program strength, as well as areas for further development, in order to guide quality improvement and achieve positive results for families.

## The purpose of the evaluation report is to present information on:

Families served by Family Resource Centers through the Family Pathways, including their demographic characteristics and services received; and

Family outcomes following family development services, including gains in areas vital for safe, stable and thriving families, and that protect children from child abuse and neglect.



## Conclusions

In the most\* recent annual evaluation report, more than 3,300 families completed the Colorado Family Support Assessment 2.0 (CFSA 2.0). Of these families, 62% remained engaged receiving at least one CFSA 2.0 follow-up assessment. Growth models, a type of advanced analysis, revealed families who screened positive in one or more areas of need on the required screening tool were lower in Economic Self-Sufficiency at baseline but demonstrated greater growth in Economic Self-Sufficiency over the year than families who did not screen with an unmet need. This conclusion suggests that families experiencing unmet needs at center entry may be especially benefiting from Family Development services. \*September 2018

## Findings

Families reported significant gains in income, cash savings, debt management, housing, employment, food security, child care, children's education, physical health, mental health and transportation.

The percentage of families who indicated a safe, stable, or thriving situation increased significantly in most areas as well as in areas where families indicated a readiness for change.

Families significantly increased their scores on three of the four protective factors, and demonstrated greater knowledge on four of the five parenting and child development protective

Overall, families demonstrated statistically significant gains in Economic Self-Sufficiency and Health.

## Results

Families see improvement in targeted areas for change, but improvement can also extend to other areas.

There was significant movement out of an in-crisis or vulnerable situation to one that is more safe and stable.

After receiving services, parents demonstrated more positive parenting behaviors; increased access to material supports in times of crisis or need; strengthened family problem solving and resiliency; and increased informal, emotional supports.

Families served by Family Resource Centers were moving towards greater self-reliance.