



# Colorado Family Support Assessment 2.0

*The Colorado Family Support Assessment 2.0 (CFSA 2.0) is the primary assessment tool used by the Family Resource Center Association's network of Family Resource Centers to assess family strengths and needs, monitor progress towards family self-reliance, and track the protective factors that reduce the likelihood of child abuse and neglect.*

## The CFSA 2.0 is comprised of three sections:

### Part A: Colorado Family Support Assessment Domains

This section consists of 14 domains, which assess family stability and self-reliance, including income, housing, food security, transportation, health coverage, etc.

### Part B: Protective Factors Survey

Assess Five Factors that protect against child abuse and neglect:

1. Parental Resilience
2. Social Connections
3. Concrete Support in Times of Need
4. Knowledge of Parenting and Child Development
5. Social and Emotional Competence of Children

(Developed by the FRIENDS National Center.)

### Part C: Readiness for Change

Families identify up to three areas where they would like to make a change

Families reveal how ready they are to make those changes.

## How CFSA 2.0 Works:

How

### Participant-led Discussion

Workers trained in Motivational Interviewing have a conversation-like interaction with the family to engage them on identifying the changes they wish to make.

### Strengths-Based

By focusing on the strengths of the family, workers are able to build rapport and trust which leads to better outcomes.

### Progress Tracked Over Time

Workers meet and use the tool with families at regular intervals; tracking the progress made over time.

## Why CFSA 2.0 Works:

Why

### Streamlined and Accurate

The OMNI Institute conducted a study examining the reliability of the tool and concluded that there is consistency amongst workers using this tool with a 96% accuracy rate.

### Families See Results

OMNI conducted an evaluation that showed statistically significant gains in economic self-sufficiency and health outcomes as well as areas in family functioning/resiliency, social and emotional support, and concrete support in times of need.

## Questions? Need Information?

Info

For more information on how to implement the CFSA 2.0 into your practice or more information about trainings, please contact:

**Contact: Program Department - 303-388-1001 | [Program@cofamilycenters.org](mailto:Program@cofamilycenters.org)**