



480 E Agate Ave, Granby, CO 80446 | 970-557-3186 | www.mountainfamilycenter.org

# Mountain Family Center

## Vision

To connect individuals and families to available resources, programs and services helping to alleviate hunger and poverty.

## Mission

Building strength and developing self-reliance for individuals and families through responsive and collaborative services.

1979  
Established

Serving  
**Grand  
County**

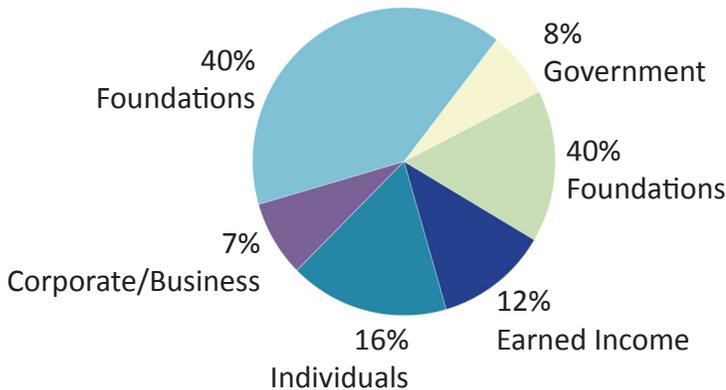
17  
Staff

\$865,000  
2017-2018 Budget

900  
families served annually

501(c)3  
Org structure

## Types of Funding



## Key Programs

- Backpack / School Supply Program
- Cancer Support Services
- Family Assistance
- Family Development/Casework
- Nutritional Education
- Housing/Utilities
- Totes Food Program for Children

## Serving Our Community

Mountain Family Center (Organization) is a 501 (c) (3) non-profit corporation in the state of Colorado. The Organization is a community based non-profit organization dedicated to building strength and developing self-reliance for individuals and families through responsive and collaborative services. The Organization provides a wide variety of services to Grand County residents and prides itself on expanding existing programs or developing new ones based on identified needs for low-income households.

One of the biggest areas of focus for MFC is addressing the food insecurity rate in Grand County. As defined by the USDA, food insecurity is a measure of the lack of access, due to finances, to nutritionally adequate foods. Feeding America statistics show that Grand County's food insecurity rate is 12.6% (roughly 1,820 residents), Colorado's overall rate is 12.2%. In 2017, MFC served just over 2,000 individuals through its programs and services clearly addressing the needs of those living in Grand County and of this number 22.5% are children.

MFC serves just over 525 children on a weekly basis with the Totes Weekend Food Program. Using evidenced based programs and a two generation approach, MFC focuses on strength based approaches to move an individual or family forward.



Highlights

In 2017, Executive Director, Helen Sedlar, received the Winter Park Fraser Valley Rotary’s Service Above Self Award. Assistant Director, Mandi Schott, expanded her credentials becoming a certified Train the Trainer in Motivational Interviewing, CSFA 2.0, Eat Play Grow, Exploring Foods, and Cooking Matters.

Also in 2017, MFC took first place in the Sky Hi Daily News for the best local non-profit and placed 2nd in the best Thrift Store category.

In April of 2016, MFC moved its Thrift Store to a stand-alone location and sales went from \$11,500 in 2015 to \$55,000 in 2016. This last year proved to be even more successful with gross sales topping \$75,000. MFC has decided to focus on expanding Thrift Store revenues vs. concentrating on small fundraising events. The Thrift Store has the potential to generate significant revenue to fund operational and program expenses. Also in 2016, MFC tied with Grand Foundation for first place in the Sky Hi Daily News best non-profit award for our community (voted by reader/community members) and placed 3rd in best community Thrift Store.

In the last four years, MFC programs and annual budget have both increased by over 100%. On average, MFC serves just over 2,000 unique individuals each year. With a focus on nutritional wellness, MFC continues to serve the “working poor” population in Grand County (which includes children, adults and seniors). In 2017, MFC counted 6,819 visits between its three Grand County food pantries.

Family Success Story



One mom and her two kids first came to MFC facing homelessness. Utilizing other local resources and pulling from internal housing/utility assistance programs, MFC was able to find a smaller more affordable apartment keeping this family together and housed. Over the course of the next year, this mother found day care for her youngest and a job that would accommodate her single parent schedule. Continuing to work with an MFC case development worker, this mother outlined her goals and created a budget to help keep her head above water. By visiting our food pantry twice a month, mom was able to make her paycheck go further for other household bills. Two years later, this family still visits the food pantry once a month but the family is thriving.



How You Can Help

- Volunteer
- Donate Canned Fruit/Dry Goods
- Thrift Store Donations
- School Supplies
- Donate a Vehicle (see our website)

